# The Mahjong Retreat at The Sanderling Resort Itinerary

## Thursday | January 14th

### Welcome Reception
Heavy hors d'oeuvres
Wine, beer & mocktails
A relaxed evening to unwind from travel, connect with fellow guests, and ease into the weekend.

### The Mahj Lounge
Light social play and a chance to get acquainted — the focus is simply on meeting new people, enjoying conversation, and beginning the weekend together.

## Friday | January 15th

### Breakfast Buffet
A relaxed breakfast with a variety of options to accommodate different tastes and dietary preferences.

### Strategy Session or The Mahj Lounge (Open Social Play)
Choose between a strategy session by expert instructors from Let's Mahj RVA or visit the Mahj Lounge open for relaxed social play — guests may come and go throughout the afternoon and enjoy rotating mini-games, fun challenges, raffles, and surprise prizes.

### Lunch at Your Leisure*

### Cocktail & Mocktail Experience
A fun, interactive class to craft a signature seasonal cocktail or mocktail before heading out for the evening.

### Dinner at Your Leisure*

### PJs & Pungs
Slip into your comfiest loungewear and join us for a cozy evening of mahjong, sweet treats, and warm drinks. Enjoy a dessert bar, coffee & tea, and plenty of laid-back table time as we gather, play, and unwind.

*Please note these meals are not included in the retreat package.

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## Saturday | January 16th

Breakfast
A laid-back breakfast featuring a variety of options to suit different tastes and dietary needs.

Strategy Session or The Mahj Lounge (Open Social Play)
Choose between a strategy session by expert instructors from Let's Mahj RVA or visit the Mahj Lounge open for relaxed social play — guests may come and go throughout the afternoon and enjoy rotating mini-games, fun challenges, raffles, and surprise prizes.

Hosted Lunch
A leisurely lunch to enjoy together, with good food, great conversation, and time to relax and connect with fellow mahjong enthusiasts.

The Mahj Lounge
Another afternoon of open social play with themed games, challenges, raffles, and prizes. Come and go, or enjoy resort amenities at your leisure.

Celebration Dinner
A special evening celebrating new friendships, meaningful connections, and a wonderful weekend together.

Sweet Endings
Optional champagne toast (with sparkling non-alcoholic option), dessert bar, coffee & tea, and one last evening of mahjong.

## Sunday | January 17th

Farewell Brunch
A laid-back farewell brunch with coffee & tea, good company, and one final round of mahjong before heading home. One last chance to laugh, play, and connect before we say goodbye!

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## Do I need to know how to play Mahjong?

The retreat is open to players of all skill levels. However, all participants should have enough mahjong experience and understanding of the game to play independently.

## Is there an age requirement?

Guests must be 18 or older to attend. Our goal is to create a relaxed, adults-only setting where adults can enjoy a true getaway, make new connections, and immerse themselves in the experience.

## Can I attend the retreat by myself?

Absolutely! Whether you're coming with a group of friends or flying solo, there will be plenty of opportunities to meet fellow mahjong enthusiasts and make new friends.

## Can guests stay without attending offsite events?

Spouses and non-event guests can tag along on the trip, please book accommodations for 1 person for the package. These guests cannot attend meals or activities.

## What are the check-in and check-out times?

Standard check-in is at 4pm, and check-out is at 11am. All efforts will be made for early arrivals.

## What is the cancellation policy?

ancellations made 30 days or more before the retreat's arrival date are eligible for a full refund.

## Can I attend but stay in alternate accommodations?

No, the retreat package is designed to be a comprehensive retreat experience. so you can settle in, relax, and enjoy everything the weekend has to offer. From special events and activities to meals and moments of connection, we want you to feel completely comfortable and free to participate in as much, or as little, as you'd like.

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## What is included in the retreat price?

Enjoy three nights of luxury accommodations at The Sanderling Resort and a weekend filled with mahjong, great food, and plenty of fun! Your retreat includes strategy sessions with expert instructors from Let's Mahj RVA, open-play opportunities throughout the weekend, and all the mahjong materials you'll need—leave your tiles at home! You'll also be treated to a welcome reception with hors d'oeuvres, wine, beer, and mocktails; breakfast on Friday and Saturday; a group lunch; a special celebration dinner on the final night; and a farewell brunch on the final morning. To top it all off, enjoy dessert and coffee & tea bars on Friday and Saturday evenings!

## Can you accommodate my dietary restrictions?

Absolutely! We're happy to accommodate dietary restrictions. Just let us know your needs when you register, and we'll take care of the rest!

## What do I need to pack?

Pack for a fun-filled weekend of mahjong, relaxation, and coastal time! January in the Outer Banks can be chilly and windy, so layers are your best friend. Don't forget your NMJL card; no other mahjong materials are needed, and additional cards will be available for purchase. Be sure to bring your favorite PJs for our PJs & Pungs Party! If you'd like to join the complimentary yoga classes Saturday and Sunday morning, pack some comfortable yoga clothes. Complimentary bicycles are also available, so weather permitting, hop on the multi-use path and enjoy a leisurely ride in your free time. Most of all, come ready for a laid-back, casual, and fun weekend filled with mahjong, laughter, and good company!

## Are there activities besides Mahjong?

Yes! In addition to plenty of mahjong, there will be lots of opportunities to relax, explore, and enjoy everything The Sanderling Resort and the Town of Duck have to offer. Complimentary yoga classes are available Saturday and Sunday mornings, and complimentary bicycles are available for a leisurely ride when the weather permits. The Spa at The Sanderling Resort will also be open for guests who want to indulge in a rejuvenating treatment. We've built in plenty of free time to explore the resort or venture into the Town of Duck, known for its charming shops, restaurants, and coastal atmosphere. Most importantly, there's no rush, enjoy the weekend at your own pace!